

Epistle Reading

St. Paul's Letter to the Romans 8:28-39



Brethren, we know that in everything God works for good with those who love him, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the first-born among many brethren. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified.

What then shall we say to this? If God is for us, who is against us? He who did not spare his own Son but gave him up for us all, will he not also give us all things with him?

Who shall bring any charge against God's elect? It is God who justifies; who is to condemn? Is it Christ Jesus, who died, yes, who was raised from the dead, who is at the right hand of God, who indeed intercedes for us? Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, "For thy sake we are being killed all the day long; we are regarded as sheep to be slaughtered." No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Gospel Reading

The Gospel of Luke 18:10-14



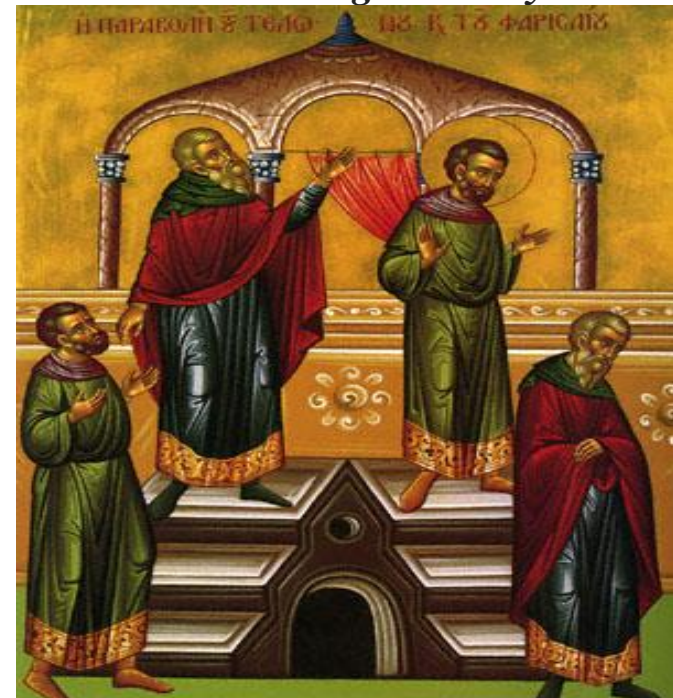
The Lord said this parable, "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank you that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week, I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled,

but he who humbles himself will be exalted."



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, February 1st 2015
Sunday of the Publican and Pharisee:
Triodion Begins Today



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139
Reverend Father Elias Koucos: 801-556-4640
Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

February 1st

Holy Trinity: Orthros 8:30am/Divine Liturgy 9:30am Father Luke
Prophet Elias: Orthros 8:30am/Divine Liturgy 9:30am Father Elias

Weekly Services

February 2nd
HT Only Feast of the Presentation of our Lord
Orthros 8:30am/Divine Liturgy 9:30am Father Elias

Memorials

February 1st
Elaine Chaus 1 Year Holy Trinity
February 8th
Nick Ziakis 6 months Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Bill, Kim, Margaret, Ruth, Stephanie, Steve, Tami, Lexi, Alexander, Tony, Nick, Jill, Margaret, Brooke, Preston, George, Charissa, Madeline, Edie, Sabina, Wendy, Magdy, Eric, Helen, Jordan, Dee, Mihalis, Brent, Marie, Niko, Carol, John, Mary, Christine, Agnes, Irene, Mike, Darin, Lorraine, Sandy, Ralph, Debbie, Margie

Parish Council Meeting

There will be a Parish Council meeting on **Monday, February 2nd** at **Holy Trinity Cathedral** at **6:30pm**

The Annual Panahaikos Society Bake Sale

Will take place on Sunday **February 22**, at **Holy Trinity**, during coffee hour in the Memorial Hall. Come and get some delicious sweets for you, your family or your friends.

The University of Utah Gymnastics

The University of Utah has given our community free tickets for their events. The tickets will be available at both churches in the Narthex. One ticket gets six people in the door. Their home schedule is:
Friday: **February 6th** at **6:00pm** vs Arizona State
Saturday: **February 21st** at **7:00pm** vs Stanford
Friday: **March 6th** at **7:00pm** vs Michigan
Enjoy-Go Utes

Job Position Available

There is a part time position available for a Maintenance Assistant for Prophet Elias Church and the LaFrance Apartments. Candidates must be flexible in hours 26-40 per week plus. Qualified candidates must be able to handle all basic maintenance issues with both facilities. Main duties include cleaning and repair. Send a brief resume to orthodoxy3@gmail.com or contact Cindy Skedros at 801-560-9728.

Stephanie Papanikolas Memorial Scholarship U of U Spring Semester 2015 Applications

Applications for the Stephanie Papanikolas Memorial Scholarship for the Spring Semester 2015 for students attending the University of Utah are now available in the offices at both Holy Trinity and Prophet Elias. Applicants must submit completed applications to Fr. Matthew before **February 1, 2015**. There will be two scholarships of \$500 awarded.

Daughters of Minos

The Daughters of Minos scholarships are now open to all students of Cretan Heritage. To apply email the following:
U of U - Angela Wimmer at awimmer@sa.utah.edu deadline **March**.
Salt Lake Community College - Carey M. Dufner carey.dufner@slcc.edu deadline **March**

Young Heart

Thursday **February 12th** at noon at the Hellenic Memorial Hall. The menu will be roasted turkey, mashed potatoes, vegetable, salad, dinner roll and wine! Come on down, bring a dessert if you'd like, we hope to see you there and Happy Valentines.

ATTENTION: Ladies of our Community who might have: handmade knitted, embroidery, needlework, or made in the loom (plexta, kentina, patanies, kopaneli, ufanta) tablecloths, blankets, clothing pieces carpets etc. from the 1950's we would like to showcase them during the National PAA (Pancretan Association of America) Convention this coming summer in a Cultural exhibit. This will be a great opportunity to showcase some beautiful works of "art" to many attendees and the new generation. We are also in need of an old wooden chest "baoulo" which will also be used during the exhibit. All items will be secured AT ALL times. Please contact **Roula Sargetakis** at [801-466-6533](tel:801-466-6533) for more details. Thank you.



Saint Sophia School

Introducing. . . Toddler Tuesday
Registration is now open

Session II: **January 13 – May 12**

All classes are from **9:00am – 11:00am**

Reserve a spot by emailing Brian Lampe

Brian.lampe@saintsophiaschool.org

or

Pick up your enrollment application at Saint Sophia School

Located 5341 Highland Drive, Holladay, Utah 84117

801-424-1297



Youth Group Event

-Super Bowl Sunday

Today on Sunday, February 1, 2015 team up with our youth to score a SOUPER BOWL victory against hunger! Annual Food Drive to help the needy in our community. Help our parish youth become SOUPER BOWL Champions by bringing one dollar and a canned food with you. Please support this effort and encourage everyone to participate.

-Jr. & Sr. GOYA Valentines Service Project

Show the love for our Senior Citizens **Thursday, February 12, 2015.**

GOYA'ns will meet at Prophet Elias at 6:00 pm to make Valentine Cards to take to Sr. Citizens. Then car pool (need parents to help) to a Local extended Care Facility near Prophet Elias From 7:30pm to 8:00pm.



My Dear Beloved Youth,

We have recently concluded the first major feast days of the New Year January 1st, St. Basil the Great and on January 6th, the Feast of Epiphany (the manifestation of the Holy Trinity at Christ's baptism). We read in the Gospel of St. Mark that God the Father, God the Son and God the Holy Spirit appeared at Jesus' baptism. As we continue through the New Year and progress in our growth and knowledge of our Lord let us continue to write a new page with words of hope, of love and of self-control and continue to make room to receive God, as He appeared to us. Hope makes all things work and love makes all these things beautiful. His appearance renews and transforms us, making us children of the most high God by entering into communion with Him through the mysteries of the church—the Holy Eucharist, the Blood and Body of Christ. Continue in your efforts to attend worship services and Sunday School so the fruits of your faith will make all things possible. Please let me know if there is anything you need and if I can be of help in your continued journey through the **New Year** and always.

God bless,

Fr. Elias

CONGRATULATIONS GOYA BASKETBALL PARTICIPANTS, COACHES AND PARENTS

We concluded another very rewarding and successful Metropolis Basketball Tournament and on behalf of our Clergy and entire Community I wanted to extend our congratulations and sincere appreciation and gratitude to all our youth, coaches and parents who participated and represented our Salt lake Community. We are truly blessed to have such fine and truly honorable young adults and coaches who are committed and dedicated to our youth and the parents who have taught and guided their children. We were again represented on and off the basketball court in a very admirable and commendable fashion. All our teams made it to the finals and we almost had a clean sweep. Our JR. BOYS won the championship and our SR. GIRLS and BOYS Teams took second place. We are proud of all the participants and wish you all continued blessings and success in all you do.



Fr. Elias

SR. BOYS PLAYERS AND COACHES – SECOND PLACE:

Andy Adondakis – all-star, Isaac Adondakis, Chris Diehl, Michael Kalodimos, Anthony Kapos, Zachary Kapos, Anthony Roumpos, Dimitri Sakellariou – all-star, Mikey Saltas, Steven Sargetakis, Michael Vardakis – all-star. Coaches: Michael Katsanevas, Pete Saltas.

SR. GIRLS PLAYERS AND COACHES – SECOND PLACE:

Faith Gamvroulas – all-star, Katerina Paulos, Madeline Paulos, Anna Reganis, Artemis Sefandonakis – all-star, Sophia Skedros – all-star, Katherine Tatum, Patresia Thiros – all-star. Coaches: Maria Pappas, John Pappas, Eleni Saltas.

JR. BOYS PLAYERS AND COACHES – FIRST PLACE CHAMPIONS

George Adondakis, Yiorgos Gerontis, Giorgio Gianoulis, Apostoli Hillas, Yanni Hillas – all-star, Kosta Kambouris – all-star,

John Kapos – all-star, Anthony Katsanevas, Roman Papadopoulos, Niko Paulos, Peter Souvall – all-star, Michael Varanakis Coaches: Todd Kapos, George Papadopoulos.

Ted and Katy Speros Memorial Scholarship 2015 Applications

Ted and Katy Speros Memorial Scholarship applications for 2015 are available in the Church offices at Holy Trinity and Prophet Elias. Applicants must submit completed applications to Vickie Peters before March 1, 2015 at Vickie Peters, 4476 South Manor Ridge Place, and S.L.C. Utah 84124.

Hellenic Cultural Association

Free to members, the HCA will host their 2015 annual membership and election luncheon on Sunday, **February 8**, at **Holy Trinity Cathedral**. Memberships are \$25 and include our prime rib luncheon and 10% off anything in the HCA Gift Shop. If you're not a member, please come and join the HCA! The Hellenic Cultural Association is dedicated to preserving and promoting Hellenic heritage and ideals. The purpose of the Hellenic Cultural Association is to perpetuate the vibrant and positive image of the Hellenic Culture and its people as a prominent community partner throughout the Intermountain West. Please support the HCA.

APOKREAS CELEBRATION 2015

SAVE THE DATE:

GOYA's Annual Apokreas Celebration Fundraiser will be held **Saturday, February 21** at **Prophet Elias**. Tickets will be sold in **February**.

To volunteer or to donate to Apokreas, please contact **Pam Zoumadakis** at [801-273-1191](tel:801-273-1191) or **Cyndia Cayias** at [801-231-8505](tel:801-231-8505).

Saint Sophia's Men Night Out

When: Sunday, February 9, 2015

Time: 6:00pm

Where: BEER BAR @ Bar X

Food and drink will be served.

For those of you who have already paid,
we have your reservation.

There is still room to purchase a ticket
please call the school office at [801-424-1297](tel:801-424-1297)

The cost is a \$100 donation.

We look forward to seeing you!

Thank you,

Saint Sophia School

[801-424-1297](tel:801-424-1297)

ARCADIAN LADIES

Our next luncheon meeting will be on Saturday, **February 21, 2015**, Noon at The Cinegrill, 1000 South State Street, Set 102. There is lots of free parking.

It will be an open menu. Please RSVP to Karen

at karenanast@gmail.com or [801-913-2414](tel:801-913-2414). Please contact your ladies.

IMPORTANT MESSAGE FROM FATHER MATTHEW

GIVING EACH DAY TO GOD

Having risen from sleep, let your first thought be of God, your first word and prayer directed to God, Who is the Creator and Sustainer of your life, Who has forever the power to strike or to heal, to save or to let perish.

Prostrate yourself and give thanks to God, Who has wakened you from sleep and has not allowed you to perish in your sinfulness, but patiently awaits your return.

Make a turn to the better by saying with the psalmist: "I remembered the works of the Lord", for the good way to heaven cannot be properly trodden except by those who begin each day well.

From early morning be a seraphim in prayer, a cherubim in action, and an angel in attitude. From this point in life onward, waste no time, but attend only to what is necessary, especially what is necessary for the salvation of your soul.

In all your actions, all your words, all your deliberations, keep your mind in God: do not have anything in mind but Christ, so that no other image may touch your heart except the pure image of Christ, your God and Savior.

Arouse yourself to the love of God by every possible means. If you wish to love God unceasingly, look on His presence continually with your inner eye and for His sake abandon every evil deed, word, and thought. For this reason, you must do everything honestly, speak honestly, and think honestly and humbly.

Meekness should go together with praise, humility, and honesty. A quiet and humble word should be truthful and useful, but when you are silent, think over the words you are going to say. An idle or harmful word should never pass your lips.

Be watchful in yourself against rage, arrogance, and argumentativeness. If you are angry, control yourself.

Be always moderate in food and drink. Be generous in all things, and God will bless you. Remember to have the remembrance of death before you, so that you live each and every day in heartfelt repentance, beseeching the mercy of God.

TUESDAY MORNING BIBLE STUDY

We will *not* meet on **Tuesday, February 3rd**, but will resume on **Tuesday, February 10th at 10:30am** at Little America in the room by the reservation desk in the coffee shop. We will continue our enlightening and wonderful study of the BOOK OF REVELATION.

DON'T BE LEFT OUT!

The Mid-Winter/Early Lent issue of my CROSS+WALK Newsletter, pertaining to all things spiritual, is *now available!* (Please be aware that some email addresses may not allow delivery of such a large file attachment. In these cases, I have mailed the newsletter via first-class.) If you desire to receive my CROSS+WALK newsletter, which I produce about every six weeks, please call or text me at 801-556-1139, or you may email me at matthewthepriest@gmail.com. If you would also like to receive my bi-weekly FEED MY SHEEP message (via email *only*), please let me know and I will gladly include you on my list!

LOOKING AHEAD...

--The three consecutive **SATURDAYS OF THE SOULS** will be celebrated on **Saturdays, February 14th, February 21st, and February 28th** at both churches beginning with Orthros at **8:30am** and followed immediately by Divine Liturgy;

--GREAT LENT begins on Monday, **February 23rd**. I strongly encourage all parish families -- young and old -- to schedule time during the upcoming Lenten period to see *me*, your priest and spiritual father in this parish, for the Sacrament of Holy Confession! This is absolutely necessary for the salvation of our souls!

*Humbly in Christ,
Father Matthew*



Project Recognize

The Daughters of Penelope is continuing Project Recognize. This project seeks to recognize women of Hellenic descent/Phil-Hellenes/Daughters of Penelope who served or currently serve in any branch, or in any capacity of the military and the Peace Corps. Please send the names to Joanne Saltas via email at joannesaltas@gmail.com by **February 21, 2015**.

SAVE THE DATE

March 7th, 2015. The **Hellenic Cuisine Academy** celebrates its 5th year in 2015 with cookbook author and Mediterranean food expert Stephanie Patsalis. The evening will begin with a cooking demonstration followed by a salmon dinner and book signing. Tickets are on sale now. If you have any questions or would like to purchase a table for this event, please contact Vickie Peters at [801-262-3233](tel:801-262-3233).



WENDOVER TRIP

The holidays are over, now let's have some fun. On Thursday **February 19th** the Young at Heart will be going to Wendover, Nev. We leave **Prophet Elias** at **8:30am**. Then from the **Memorial Hall** at **9:00am**. And leave Wendover at **5:00pm**. We receive \$7.00 and a FREE buffet. So put your cares away, and go to Nevada for the day! RSVP for serious participants only, **Bill Kandas** **801-272-1906** or **Bill Rekouniotis** **801-673-0424**.

The Pancretan 2015 Convention is coming soon to Salt Lake City. The Early Registration for the lowest package price is now available until the end of January so register quickly.

If you have any questions, please contact: MaryAnn Proestakis, Registration Chair at (844) 353-4897 m.proestakis@comcast.net

*Pancretan Association of America
National Convention
Salt Lake City, Utah*

▲ JUNE 27 - JULY 2, 2015 ▲



PAASLC2015.ORG

FOLLOW US ON INSTAGRAM @MINERMANOUSO #PAASLC2015

Daughters of Penelope
Annual Valentine's Bake Sale
February 8th at Prophet Elias *only*



Thank you for your support in the past.
We appreciate you all.