

Epistle Reading

St. Paul's Letter to the Galatians 3:23-29:4:1-5

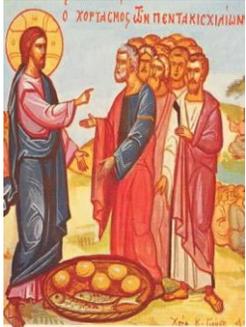


BRETHREN, before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs

according to promise. I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental spirits of the universe. But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons.

Gospel Reading

The Gospel of Matthew 14:14-22



At that time, Jesus saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to him, "We have only five loaves here and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he

looked up to heaven, and blessed, and broke and gave the loaves to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then he made the disciples get into the boat and go before him to the other side, while he dismissed the crowds.



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, July 26th 2015
8th Sunday of Matthew



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139

Reverend Father Elias Koucos: 801-556-4640

Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

July 26th, 2015

Holy Trinity (only)

August 2nd, 2015

Holy Trinity (only)

8th Sunday of Matthew

Orthros 8:30am/Divine Liturgy 9:30am Fr. Matthew/Fr. Elias

9th Sunday of Matthew

Orthros 8:30am/Divine Liturgy 9:30am Fr. Matthew/Fr. Elias

Weekday Services

July 27th, 2015

Holy Trinity Only:

Feast of Saint Panteleimon the Great Martyr

Orthros 8:30am/Divine Liturgy 9:30am

Fr. Matthew/Fr. Elias

July 28th, 2015

Holy Trinity Only:

Feast of Saint Irene Chrysovalantou

Orthros 8:30am/Divine Liturgy 9:30am

Memorials

July 26th, 2015

Irini Makris

1 Year

Holy Trinity

Ester (Lambrini) Diamant

3 Years

Holy Trinity

Bill Diamant

4 Years

Holy Trinity

Anna Brillios

5 Years

Holy Trinity

Speros N. Velis

10 Years

Holy Trinity

Christine Vassiliades

4 Years

Holy Trinity

Peter Vassiliades

20 Years

Holy Trinity

August 2nd, 2015

Mary Mannos

40 days

Holy Trinity

Spirro Mannos

14 Years

Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Steve, Tami, Mariane, Rose Marie, Madelina, Preston, Charissa, Tami Christian, Stavroula, Timothy, Rosie, Holly, JoAnne, Alex, Victoria, Patricia, Aleko, Kosta, Vassiliki, George, Mary, Kaison, Steven, Bill, Mary

If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681.

WE WANT YOUR CLIPS!

If you have any pictures from any of our Greek Festival's from 1975-2014, WE WOULD LOVE FOR YOU TO SHARE THEM! We will be creating a slide show for our 40th Anniversary. Please scan and email them to our church email at orthodoxy3@gmail.com, or come in and we can scan them for you. Thank you!



Thank you to everyone who supported the Prophet Elias name day picnic. We had wonderful weather, delicious food and outstanding παρέα!

A Note About Stewardship

- At the November 2014 Parish Assembly a motion was passed for a minimum stewardship commitment of \$600 per family/\$300 per individual steward, with accommodations for students and others who may have financial need.
- In order to be eligible to vote at the November 2015 Parish Assembly you must have met the minimum or made alternative arrangements through Fr. Matthew.

Youth Weekly Devotional
The Need for Friendship

Ecclesiastes 4:9-10

*“Two are better than one because they have a good reward for their labor.
For if they fall, one will lift up his companion”.*

My Dear Beloved Children in our Lord,

Independence is a prized attribute in our culture, but biblically, it isn't exactly the worthy aspiration. Nowhere in Scripture will you find the erroneous quote, “God helps those who help themselves.” The very fact that the Lord formed the church as a community of believers tells us that He did not create people for self-sufficiency or isolation.

When we place faith in Jesus Christ, the Holy Spirit abides in us so we can have a fulfilling relationship with the Lord and satisfying friendships with one another. In God's design, a close, committed biblical friendship between two fellow Christians serves to build both friends toward Christ likeness. Over and over in Scripture, we find evidence of God's followers relying upon a close friend or confidante for support. Paul, in particular, spoke freely and often of his dependence upon dear companions and encouraged others to form intimate partnerships as well (2 Tim. 2:22).

It's interesting that our modern culture seems to be headed in the opposite direction. The farther we drift from God, the more pervasive our self-sufficient attitude becomes. Neighbors treat each other with suspicion instead of congeniality, and that mindset has even invaded a lot of our lives and even in the church. We're hesitant to give to others, which in turn makes us reluctant to receive.

Scripture tells us to love one another, bear our brothers' burdens, and confess and rely on our friends as Christians (John 13:34; Gal. 6:2; James 5:16). In other words, we're to give of ourselves to others and receive from them in return.

That's how we as Orthodox Christians can encourage one another to Christlikeness. Let us encourage each other to grow in faith and knowledge of Christ and support each other along the way.

In His Love and Service,

+Fr. Elias

IMPORTANT MESSAGES FROM FATHER MATTHEW

The summer is passing quickly and soon we will observe the **FAST** in honor of the **FALLING ASLEEP OF THE MOST HOLY THEOTOKOS**. Let us begin to think about this upcoming Lenten period, which begins on Saturday, August 1 until the celebration of Divine Liturgy on Saturday, August 15. I will be offering weekday *morning* PARACLESIS during this holy two-week period; these and all other services will appear in this publication as well as in the church calendar on the parish website.

During the Paraclesis Service, which is a Supplication Service to the Most Holy Mother of God, it is customary to pray for the **PHYSICAL AND SPIRITUAL HEALTH** of our (Orthodox) loved ones by submitting a list of names (baptismal names, *please*) to our priest who will offer prayers on their behalf. Let us remember that when we ask our priest to pray for us, we, too, should be praying as well. One of the holy elders of our Orthodox Faith reminds us that, “We (the priests) do the services and prayers for the people, but if they do not pray at home, then the words of Scripture are fulfilled because one person prays and the other doesn't; in other words, one builds and the other tears down”. Consistency, faithfulness, and regularity in prayer are some of the most important things in our spiritual life.

During the upcoming two-week period in honor of the Theotokos, it is also prescribed by our Holy Orthodox Church to observe the **FASTING** guidelines of our Church. Fasting in a family situation requires commitment, particularly on the part of the husband and wife. The children, especially small children, will follow whatever agenda the parents establish. If the parents approach fasting with a negative attitude, the children will learn that fast days are something to be dreaded. If the parents look forward to a fast, so will the children. The best attitude to develop is one of humble acceptance.

I especially encourage all Orthodox married couples, single men and women, and children age five and older, to see me for the Sacrament of **HOLY CONFESSION**. The modern world tries to pretend that sin is a myth and that personal accountability for one's actions before a just God is merely a quaint superstition. As Orthodox Christians, we are called to a different standard than that of the world. This has been true of Christians in all ages and is especially important in our times. We are called to be the “light of the world” and the “salt of the earth”. This means that we must not only be vigilant in how we live, but we must be honest with ourselves and respond immediately to God's call to repentance when we fall short of the mark. When we approach God in a spirit of humility and repentance, Confession can bring us face to face with ourselves. We can learn more from our weaknesses than we ever will from our strengths, because acknowledgment of weakness is the shortest path to humility. Please call me at your earliest convenience to arrange a time for Confession for you and your family.

Our **TUESDAY MORNING BIBLE STUDY** group has taken a summer break. We will be back toward the end of summer to continue our study of the book of Revelation. Until then, be well and safe and consider joining us when our Bible Study resumes!

Humbly in Christ,

Father Matthew



FESTIVAL FOOD PREP SCHEDULE

FOOD ITEM	CHAIRMAN	PREP DATES
Stefatho	Cliff Orton and Steve Saltas	July 25
Melomakarona	Elpitha Votsis and Katina Sefandonakis	August 1, 2
Macaroons	Nola Slager and Katherine Burton	August 5th
Galaktoboureko	Nola Slager	August 3-4
Keftethes	Yanni Armaou Prep Chris Kontgis Festival	August 9
Pastichio	Nola Slager and Connie Yengich	August 10-11
Tyropites	Stephanie Pappas	August 22-23
Baklava	Fran Matragos and Connie Yengich	August 18, 19 & 20
Pasta Flora	Cindy Skedros and Connie Yengich	August 29-30
Karithopita	Zeta Tsagaris	September 5-6
Galatopita	Angelica Bailey	September 7

MEMORIAL BALLOON BOUQUETS

are available to purchase
all the time
to meet any specific tribute day
Contact Joanne Saltas at
joannesaltas@gmail.com 801-558-4591
Thank you for your support

Parish Council News

- Next Parish Council meeting **July 27th** at Prophet Elias 6:30pm in St Sophia Board Room.

A REMINDER

New carpet is being installed at Prophet Elias.

The work is expected to be completed in time for Sunday Services on August 16th. We look forward to seeing you at Holy Trinity Cathedral until this exciting project is completed. Thank you for your patience!

AHEPA'S BARBEQUE

A Community BBQ sponsored by AHEPA is scheduled for Sunday, **August 16th**, 2015 at the **Prophet Elias Pavilion**. EVERYONE IS WELCOME. Menu will include: Lamb, Goat, and Chicken on the Spit, as well as Pilafi, Corn on the Cob, Salata and Watermelon. Desserts will be provided by the Daughters of Penelope. Music, Food and Fun cost **\$20** for Adults / \$10 for Children (12 and under). Proceeds go toward Scholarships. This year's recipients of the six \$1000 scholarships offered by the SLC AHEPA and Daughters of Penelope chapters will be announced at the picnic. Social Hour starts at 5 and we will serve food by 6. You are welcome to come earlier to play cards. Please mark your calendars. If you have questions, please call Chris Floor: 801-450-2105.



Greek Orthodox Day at Salt Lake Real
Second Annual Community Day at Real Soccer
August 15, 2015 – Real Salt Lake vs. Portland

8:00pm Rio Tinto Stadium - Tickets available on a first come first serve basis. Please contact Fr. Elias at 801-556-4640 or email at freiask@yahoo.com. Deadline for tickets is **July 15th** - Price is \$22 discounted from regular price of \$27. Let's get together and cheer for Real Salt Lake!

SALT LAKE GREEK FESTIVAL 2015
SEPTEMBER 11, 12, 13

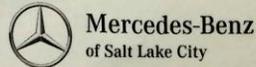


279 South 300 West

www.saltlakegreekfestival.com

2015 GRAND PRIZE

**WIN YOUR CHOICE OF A
 350 GLK (Gas Model),
 or a 250 GLK (Diesel Model)**
 (Only ONE vehicle is awarded)



Donation: \$100.00
Contact Parish Council members for information

Prize drawing will be Sunday at 7 p.m.
Ticket holder need not be present to win.

**Provided by Ken Garff's Mercedes Benz
 of Salt Lake City and the Greek Festival.**

Contact a Parish Council member for information

Camp at Saint Sophia School

Summer Adventure Camp is for Pre-k 3 (3 years old and potty trained by June 1) through 2nd grade. The Adventure Camp is located at Saint Sophia School, 5341 So. Highland Dr. Our goal is to continue the early years' growth that defines Saint Sophia School's foundational philosophy: to Discover, Explore, Create, and Imagine. The summer experience will combine enrichment with play for an enhancing summer experience. Each activity is grounded in the belief that learning begins with "wonder." Sessions will navigate between sports, cooking, culture, dance, music water play, building, gardening, and more. The summer curriculum will offer such themed sessions as:

- | | |
|--------------------|--------------------|
| LOOKIN FOR COOKIN | JUNGLE SAFARI |
| SPECTACULAR SPORTS | ISLAND PARADISE |
| FOREST FRIENDS | SPLASHARAMA |
| SILLY SCIENCE | BUDDING ARCHITECTS |
| MUSIC FESTIVAL | OLYMPIADS |
| GREEN THUMBS | CHEMISTRY FOR KIDS |

Summer Camp: Two-week sessions lasting 10 weeks. (5 Sessions)

Post Camp: Not included in Summer Camp price. Details to be announced at a later date.

Sign-up: As few as 1 two-week session in any combination or whole camp.

Days: M – F

Hours: 9:00 a.m. -12:30 p.m. and 12:30 p.m. – 4:00 p.m.

Extended hours a.m.: 7:30 a.m. – 9:00 a.m.

Extended hours p.m.: 3:30 p.m. – 6:30 p.m.

Dates:

Cost per each session:

Session V: August 3 – August 14	Half Day 9:00 – 4:00	\$385.00
Post Camp Week: August 17 – August 28	Whole Summer Camp	\$1,925.00
Extended a.m. and p.m. care by the hour	Half Day Summer	\$975.00

Saint Sophia School

Is now accepting applications for the **2015-2016** school year.

Call today for more information [801-424-1297](tel:801-424-1297)

TODDLER TUESDAYS: 18 Month to 2 1/2 (with parent) **9:00-11:00 AM**

PRE K 3'S: 9:00-12:00 MTWTHF

PRE K 4'S 9:00-12:00 MTWTHF

KINDERGARTEN: 9:00-3:30 MTWTHF

EXTENDED LEARNING: 12:00-3:30 MTWTHF

**GREEK ORTHODOX DAY at LAGOON
 TODAY SUNDAY JULY 26TH**

Please pick-up your Brochure with discounts tickets at Holy Trinity in the narthex



Saturday August 22nd, 2015 10 AM - 2 PM
 Prophet Elias Church 5280 S. Highland Dr

Car Entry For Show \$ 20.00

Includes: 2 Greek Meals / 2 Awesome T-shirts

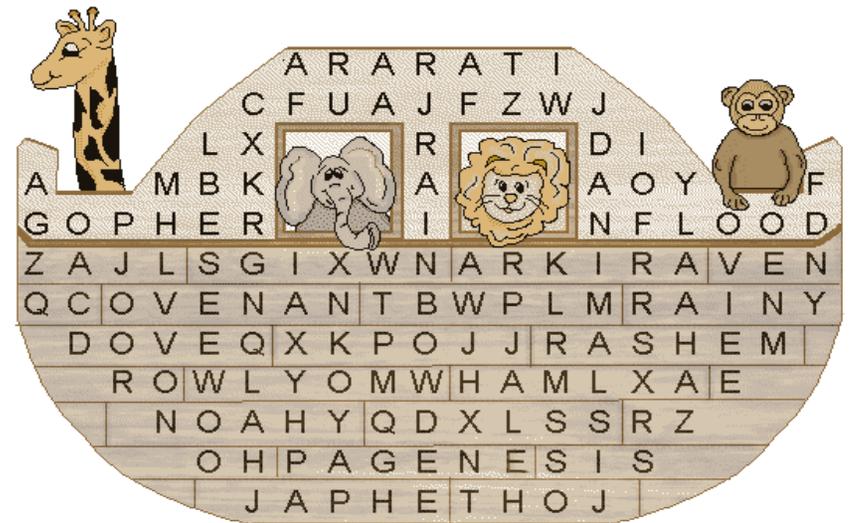
Public Admittance : Free
 Come See Awesome Cars for a good cause!

Pre Entry/ All Questions Call: 801-557-9485 (Hugh)

Donations Provided By: The Other Place Restaurant

KIDS CORNER

Noah's Ark



animals
 Ararat
 ark
 covenant
 dove

flood
 Genesis
 gopher
 Ham
 Japheth

Noah
 rain
 rainbow
 raven
 Shem