

Epistle Reading

St Paul's Letter to the Galatians 2:16-20



BRETHREN, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Gospel Reading

The Gospel of Mark 8:34-38; 9:1

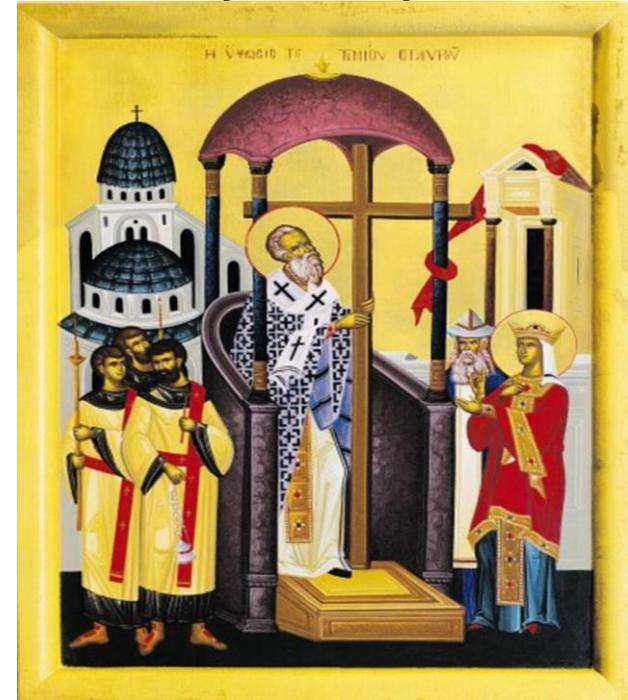


The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, September 20th 2015
Sunday after Holy Cross



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139
Reverend Father Elias Koucos: 801-556-4640
Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

September 20th, 2015

**Holy Trinity:
Prophet Elias**

Sunday after Holy Cross

Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

September 27th, 2015

**Holy Trinity:
Prophet Elias**

Sunday after Holy Cross

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias
Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew

Weekday Services

September 23rd, 2015

**Akathist to Saints Cyril and Maria, Holy Protectors of
Married Couples**

Holy Trinity: 10:00am

Fr. Matthew

September 30th, 2015

Paraclesis to the Most Holy Theotokos

Prophet Elias: 5:30pm

Fr. Matthew

Memorials

September 20th, 2015

Elsie Sefandonakis
Gust Sefandonakis
John Panos

**1 Year
10 Years
7 Years**

**Holy Trinity
Holy Trinity
Holy Trinity**

*****Sefandonakis Family will host Coffee Hour in their memories*****

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew. For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at 801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Bill, Mary, Barbara, Amanda, Janie, Chuck, Barbara, Joan, Mitchell, Lois, Cindi.
Christine, Gus, Matthew, Pat, Stephanie, Tami, Stella, Kari

If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681.

Accounting/Bookkeeping Position Available

Immediate opening available for a part time 25-29 hour Accounting Assistant position. Located at the Holy Trinity Cathedral office. Requirements are as follows; highly knowledgeable with all facets of QuickBooks, QuickBooks class coding, bank reconciliation, payroll processing, accounts payable, accounts receivable, invoicing, report processing, and other minor duties. If you meet these qualifications, please send a Resume to Connie Yengich at conniegoc@gmail.com. Interviews will not begin until **September 21st**, 2015. Please contact Connie at 801-328-9681 or cell phone 801-793-9393 for all inquiries. We look forward to hearing from you.

Parish Council Meeting

Monday, **September 21st** at 6:30pm
Prophet Elias – St. Sophia Boardroom



Thank you to everyone who donated their time and talent in making the **40th Anniversary of the Salt Lake Greek Festival** a big success. It would not have been possible without you!

IMPORTANT MESSAGES FROM FATHER MATTHEW

GOD'S BLESSING COMES WHEN WE GIVE A BLESSING

During the great famine of 1917, the monks of the Monastery of Iveron on Mount Athos, seeing stocks in their storehouses running low, had reduced their commitments to hospitality. In fact, there was one miserly supervisor who insisted on putting a stop to hospitality altogether. It was only to be expected that Christ would put a stop to all His blessings, too. The fathers then began to starve and complain to Christ and our Most Holy Lady, the Mother of God, for not taking care of their monastery. Unfortunately, they hadn't realized their mistake. One day Christ appeared to the door-keeper of the monastery in the guise of a pauper asking for bread. The door-keeper said to him sorrowfully: "We haven't got any, my brother. That is why we stopped offering hospitality to people. But just wait here a minute and I will go to my cell and bring you the bit I have for myself".

He went running off to his cell and returned with his bread and handed it over. He saw the face of the Pauper shining. When the pauper had taken the bread, He said to the door-keeper: "Do you know why misfortune has befallen the monastery? Because you have cast out two people: the one is "give" and the other one "it shall be given to you". Having said this, the pauper disappeared from sight leaving behind a brightness which blinded the door-keeper. The monk was astonished and ran off in fear to tell the supervisors of the monastery about the incident.

At first, the fathers tried very hard to remember the people they had turned away. Then they realized that the pauper was Christ Himself and also recognized His words from the Gospel: "Give and it shall be given to you".

They immediately repented for their error, and as soon as they began to give to others some of the little they had, they were showered by the rich blessings of God.

SERVICE TIME CHANGE BEGINS TODAY

Beginning TODAY and all subsequent weekday liturgical services, Orthros will begin at 9am and Divine Liturgy at 10am (unless otherwise noted) to encourage greater and more consistent participation during Sunday and weekday liturgies. This will be on a *trial basis*; in a few months I will revisit and reevaluate the effectiveness of this time change.

LET US RETURN TO CHURCH

The saints are very aware of the presence of God in our churches, which is why Saint John Chrysostom calls them harbors in the ocean. Our life is often storm-tossed and churches are spiritual haven. Where can prayer be more ardent than in church, before the throne of God and beneath His gaze? In church the soul is softened by contrite prayer and abundant tears. The church is the school of faith and worship, founded by God Himself. It is the treasury of heaven on earth ... In the holy temple, we ourselves become the temple of the Holy Spirit through the prayers, the words of God and the Mysteries. Unfortunately most of us lack this awareness. We are not overwhelmed by longing and eagerness to be in God's house. So let us pray to our Lord to soften our hearts and to inspire in us and in our family members the desire to run to His Holy Church each Sunday, to pray with the host of angels who are invisibly present, and to beg our Lord to be merciful to us and to the whole world.

SUNDAY SCHOOL BEGINS TODAY AT BOTH CHURCHES

We are excited to begin a new year of our religious education SUNDAY SCHOOL program! Class instruction begins TODAY immediately following Holy Communion. As we know, building a young person's spiritual life is more than a "project". It is a top priority. Young lives are constantly under construction. Each milestone reflects a process of being shaped and molded for adulthood. Using our Orthodox religious education as God's blueprint, SUNDAY SCHOOL helps parents lay a foundation and supplements the spiritual framework that parents should be providing at home. So parents, PLEASE bring your children to church and Sunday School each week! If you have any questions, or would like to volunteer to help with our Sunday School program, please speak with Elenie Sefandonakis (Holy Trinity) or Paul Karahalios (Prophet Elias).

SPECIAL TRAY TO BE PASSED TODAY

In honor of the great feast of the EXHALTATION OF THE HOLY CROSS which was commemorated this past Monday, PHILOPTOCHOS will pass a SPECIAL TRAY at both churches TODAY. All donations collected will benefit our Holy Cross Greek Orthodox School of Theology in Brookline, Massachusetts. We warmly thank you in advance for your generosity.

SPIRITUAL ENRICHMENT OPPORTUNITIES BEGIN THIS WEEK

For those who are eagerly awaiting the TUESDAY MORNING BIBLE STUDY at the Little America Coffee Shop, we are excited to resume our study of the Book of Revelation beginning this Tuesday, September 22 at 10:30am. We are delighted to announce that FATHER MAKARIOS will be a special GUEST SPEAKER this week; he will speak to us on ORTHODOX SPIRITUALITY as a prelude to our continuing study of the Book of Revelation. This is a great opportunity for us to get together for fellowship and for our growth in Christ!

IS CHRIST IN OUR MARRIAGES? *"Television has given us Desperate Housewives. But we are also a nation of desperate husbands and desperate marriages. When we look at the basic institutions that undergird society, such as the family, religion, politics, and education, the majority of them are in various degrees of collapse around us."*

One thing that is *not* collapsing is the Orthodox Church. The Orthodox Church plays an integral and important role in the life of the home and family. It represents an oasis of sanity in the midst of a nation that has lost its consensus on values. With so many of our marriages ending in divorce, it is absolutely necessary that we pray for our marriage, that our Lord will preserve, strengthen, and sanctify it. I will be offering a special SERVICE FOR THE PROTECTION OF OUR MARRIAGES (Akathist to Saints Cyril and Maria, who are fervent INTERCESSORS for married couples) this Wednesday, September 23 at 10am at Holy Trinity. If you know of a couple who is especially in need of prayer, please let me know and I will remember them.

For those who wish to partake in an EVENING spiritual enrichment gathering, I will be offering **WALKING IN THE SPIRIT: WISDOM FROM THE HOLY FATHERS**; the first one will be held this Wednesday, September 23 at 6:30pm in the Prophet Elias Boardroom. Please join us!

*Humbly in Christ,
Father Matthew*

WEEKLY YOUTH DEVOTIONAL
THE BENEFITS OF A COMMITMENT TO PRAYER

ROMANS 12:10-12

“Be devoted to one another in love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer.”

My Dear Beloved Children our Lord, God and Savior Jesus Christ loved to talk to His Father and often sought the opportunity to be alone with Him. At times, the Savior would speak with God in front of large groups of people or ask certain of the disciples to join Him in prayer. Because Jesus prayed frequently, He followed God’s lead, joined in His work, and spoke the Father’s words to the people around Him.

When we are serious about prayer, our intimacy with the Lord begins to grow. The more we listen and speak with God, the better we get to know Him. And as that happens, we start to view the world from a divine perspective. The things that matter to God will become our concerns as well, and our prayers will increasingly reflect His interests. Experiencing answered prayer will encourage us and grow our faith.

Over time, our discipline of prayer will begin to have a purifying effect upon us. The Holy Spirit works God’s truth into our hearts as we allow regular study of Scripture to fuel our communion with Him. Consistent exposure to the Word will reveal personal areas of ungodliness, and the Spirit will give us power to change. What’s more, we will learn to recognize where God wants us to become involved and how to invest our time, and spiritual gifts in His work. Through prayer, we will also receive divine peace—even when circumstances worsen or remain unchanged (Isa. 26:3).

The benefits of prayer are many, but greatest of all is the joy derived from spending more time with our Lord.

In His Love and Service,
+fr. elias

HELLENIC GENEALOGY CONFERENCE

The Hellenic Cultural Association of Salt Lake City is a proud co-sponsor of the first-ever Hellenic Genealogy Conference which will be held on Saturday, **September 26TH** from **9:00 a.m. to 5:00 p.m.** at the **Hellenic Memorial Building (Holy Trinity Cathedral)**, 279 South 300 West, Salt Lake City, UT 84101.

The HCA is pleased to extend a personal invitation for you, your family and friends to be part of this historic event. Hellenic genealogy research has become an important part of learning, seeking, and preserving our Greek heritage.

There will be 12 lectures covering topics such as: accessing civil and church records in Greece; using U.S. records to find key genealogical information such as surnames and villages; reasons behind the wave of immigration in the early 1900’s; the Revolution of 1821 and its impact on ancestors; and DNA in Greek Research. The keynote speaker will be Dr. Lica Catsakis who will address the topic, “The Evolution of Hellenic Genealogy: Then and Now.”

For class descriptions and registration information go to: <https://hellenicgenealogyconference.wordpress.com/conference>

Our Facebook page is <https://www.facebook.com/hellenicgenealogyconference>

Your **\$25** registration fee includes a continental breakfast and lunch. We encourage everyone to take advantage of this wonderful opportunity. Sign-ups will also be available during Greek Festival in the Museum.

Any questions, please contact **Andrea Orton** [\(801\) 557-4137](tel:8015574137) or any of the **HCA Board of Trustees**.

PEACE GARDEN DEDICATION

We are happy to announce the completion of the Greek section of the International Peace Gardens at Jordan Park. The park is located at 1060 So. 900 West.

The dedication will be held on October 11th after Liturgy at 1:00 pm. We hope to see you there.



*****SUNDAY SCHOOL NEWS*****

****Welcome Back Sunday School Teachers**

Students and Families! We wish you a wonderful and blessed school year. Sunday School registration and class begins today. Please go directly to your classrooms to complete registration and meet your teachers. Thank you to everyone for your continued support. Any questions, please contact Paul K at [801-870-1514](tel:801-870-1514) for Prophet Elias or Elenie S., at [801-718-7515](tel:801-718-7515) for Holy Trinity.

*****Sunday School Picnic*****

Sunday, **September 27th, 2015**—please join us for a welcome back Sunday School Picnic. Everyone welcome. Please join us at the PE Pavilion at **12:30 p.m.** More details to follow.

Classical Greek Theater Festival

The Classical Greek Theater Festival of Westminster College will mount and tour a new production of Sophocles' tragic masterpiece **Electra**. Residency at **Red Butte Garden September 26th -27th** with performances beginning at **9:00 a.m.** An orientation lecture by the dramaturge will precede every show thirty minutes before each performance.



GREEK SCHOOL 2015-2016

Prophet Elias: Registration - Tuesday, **September 22nd, 2015** 6:30 p.m. - 8:00 p.m.
Classes begin - Thursday, **September 24th, 2015** 6:30 p.m. - 8:00 p.m.

Holy Trinity: Registration and classes begin - Saturday, **September 26th, 2015**
10:00 a.m. - 1:00 p.m.

SPONSORED BY THE METROPOLIS OF DENVER

Sanctifying Time and Space:

Privilege and Responsibility as an Orthodox Young Professional
October 16th -18th in beautiful, historic, artsy Santa Fe, NM

Registration: www.youngprofessionalsretreat.com

RSVP: [Facebook Event](#)

Keynote Speaker: Archimandrite Gerasim (Eliel)

Dean, St. Seraphim's Cathedral in Dallas

Welcome Address: Mat. Constantina Palmer

Author, *The Scent of Holiness: Lessons from an Orthodox Women's Monastery*

In addition to the keynote presentations, the retreat will feature activities including a fall color hike in the Santa Fe National Forest, the opportunity to explore historic downtown Santa Fe, evening celebrations, and worship at Holy Trinity Antiochian Orthodox Church.

For registration, travel, hotel, and booking information, please visit

www.youngprofessionalsretreat.com.

About the Theme "Sanctifying Time and Space":

As Americans, as young professionals, and as Orthodox Christians, it is our privilege and our responsibility to hold fast to our Faith against the oppositions of our culture and to do whatever good is within our calling and capacity. To fulfill these roles, we need the support of genuine relationship and connection with fellow Christians. The influence of Orthodox Christianity on local, national, and global culture begins - as it always has - with mutual prayer and encouragement. Our hope is that we will return to our home parishes better prepared to redeem the time given to us. Flyers available in the Narthex

Fr. Elias

UPCOMING YOUTH EVENTS
LET US COME TOGETHER IN LOVE AND FELLOWSHIP

Sr. GOYA Dinner and Social Tuesday, **September 22nd**, 2015 at Prophet Elias, 6:30 – 9:00pm. Enjoy dinner, activities and election of Officers for 2015-16

Jr. GOYA Dinner and Social Thursday, **September 24th**, 2015 at Prophet Elias, 6:30 – 9:00pm. Enjoy dinner, activities and election of officers.

Lambs – Hope – Joy Social and Activities Wednesday, **September 23rd**, 2015 at Prophet Elias
6:30 – 8:00pm Treats, fellowship activities and discussion. Come and join in the fun.

Youth Ministry Board Meeting – Monday, **September 28th**, 2015 in the Prophet Elias Boardroom **7:00pm– 9:00pm**. Internet Safety and Bullying Presentation for Parents and Youth **October 21st**, 2015 at Prophet Elias small gym **7:00pm – 9:00pm** Come and attend and equip yourselves with information to protect our Youth from the risks of being on line.

Save The Date: **November 6th-7th**, 2015 Fall Over Night Youth Retreat Wolf Creek Ranch.

Youth Fall Harvest

Sunday, **October 25th**, 2015 6:00pm - 8:30pm Prophet Elias
Youth ages 3-12 years old. Food, treats, magic show, activities
Wear your costume but nothing demonic and come enjoy a great fun evening. Parents and Grandparents are welcome to join in on the fun.

More Information to Follow Call or email Fr. Elias with any questions
Mobile: [801-556-4640](tel:801-556-4640) Email: freliask@yahoo.com

DAUGHTERS OF PENELOPE NEWS

MEETING: Monday, **September 21st**, 2015, **7:00pm** at **Prophet Elias Church Board room**. Please bring Education Box Tops for our ongoing collection for Saint Sophia School.

PET BLESSING:

Because of his remarkable power over wild beasts, The Holy Great Martyr Mamas has become the protecting Saint of animals and our family pets. He wasn't a tamer, but rather calmed animals with purity of heart, with simplicity, and with authentic love.

On his feast day, September 2nd, 20 dogs and their "parents" were given this message along with a prayer, a personal blessing and an icon of St. Mamas. Pet food and \$70.00 were collected and donated to the Utah Humane Society. Thank you Fr. Matthew and to everyone who came.



The Young at Heart will have their fall luncheon on Thursday **October 8th** at noon at the Memorial Hall. The menu will be roast chicken, manestra, vegetable, salad, roll & wine, along with the ever popular BINGO!! So come on down and enjoy some good food and fellowship.