

Epistle Reading

St Paul's Letter to Colossian 4:5-11, 14-18



BRETHREN, conduct yourselves wisely toward outsiders, making the most of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer every one. Tychicos will tell you all about my affairs; he is a beloved brother and faithful minister and fellow servant in the Lord. I have sent him to you for this very purpose, that you may know how we are and that he may encourage your hearts, and with him Onesimos, the faithful and beloved brother, who is one of yourselves. They will tell you of everything that has taken place. Aristarchos my fellow prisoner greets you, and Mark the cousin of Barnabas

(concerning whom you have received instructions if he comes to you, receive him), and Jesus who is called Justos. These are the only men of the circumcision among my fellow workers for the kingdom of God, and they have been a comfort to me. Luke the beloved physician and Demas greet you. Give my greetings to the brethren at Laodicea, and to Nympha and the church in her house. And when this letter has been read among you, have it read also in the church of the Laodiceans; and see that you read also the letter from Laodicea. And say to Archippos, "See that you fulfill the ministry which you have received in the Lord." I, Paul, write this greeting with my own hand. Remember my fetters. Grace be with you. Amen.

Gospel Reading

The Gospel of Luke 10:16-21



The Lord said to his disciples, "He who hears you hears me, and he who rejects you rejects me, and he who rejects me rejects him who sent me." The seventy returned with joy, saying, "Lord, even the demons are subject to us in your name!" And he said to them, "I saw Satan fall like lightning from heaven. Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy; and nothing shall hurt you. Nevertheless do not rejoice in this, that the spirits are subject to you; but rejoice that your names are written in heaven." In that same hour he rejoiced in the Holy Spirit and said, "I thank you, Father,

Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to babes; yes, Father, for such was your gracious will."



Greek Orthodox Church of Greater Salt Lake
www.gocslc.org; Orthodoxy3@gmail.com

Sunday, October 18th, 2015
Luke the Evangelist



To contact our clergy, please call the numbers listed below:

Reverend Father Matthew Gilbert: 801-556-1139

Reverend Father Elias Koucos: 801-556-4640

Reverend Father George Politis (retired)

Holy Trinity Cathedral: 279 S. 300 W. SLC, UT 84101, (801) 328-9681
Prophet Elias Church: 5335 Highland Dr. Holladay, UT 84117, (801) 277-2693

Sunday Services

October 18th, 2015

**Holy Trinity:
Prophet Elias**

Luke the Evangelist

Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew
Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias

October 25th, 2015

**Holy Trinity:
Prophet Elias**

6th Sunday of Luke

Orthros 9:00am/Divine Liturgy 10:00am Fr. Elias
Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew

Weekday Services

October 21st, 2015 Akathist to Martyr Varus, Intercessor for our Loved Ones
who have fallen asleep outside the Orthodox Church

Prophet Elias: 10:00am Fr. Matthew

October 23rd, 2015 Feast of Saint James, Brother of our Lord

Holy Trinity: Orthros 9:00am/Divine Liturgy 10:00am Fr. Matthew/Fr. Elias

Memorials

October 18th, 2015

Gust Katsikathas 40 Days Holy Trinity

October 25th, 2015

Dena Galanis 40 Days Holy Trinity

When Scheduling Memorials... Memorials must be scheduled through Fr. Matthew.
For inquiries regarding memorials or to schedule one, please contact Fr. Matthew at
801-556-1139 or matthewthepriest@gmail.com.

Prayer List

Tami, Stella, Kari, Margie, Joan, Sabrina

If you would like to add a name to the prayer list you can do so by calling the main office at Holy Trinity at 801-328-9681.

Accounting/Bookkeeping Position Available

Immediate opening available for a part time 25-29 hour Accounting Assistant position. Located at the Holy Trinity Cathedral office. Requirements are as follows; highly knowledgeable with all facets of QuickBooks, QuickBooks class coding, bank reconciliation, payroll processing, accounts payable, accounts receivable, invoicing, report processing, and other minor duties. If you meet these qualifications, please send a Resume to Connie Yengich at conniegoc@gmail.com. Please contact Connie at 801-328-9681 or cell phone 801-793-9393 for all inquiries. We look forward to hearing from you.

BULLETIN DEADLINE

Please remember to have your information for the weekly Bulletin into the office each **Tuesday**, before Noon. Thank you for your continued cooperation.



It's that time of year again when we ask all of you to please donate clothing for our annual Thanksgiving Dinner we host for the community. You can drop off your donations at Holy Trinity or Prophet Elias. If you have any questions, please call the office at [801-328-9681](tel:801-328-9681). Thanks for your support in this most worthwhile project!

IMPORTANT MESSAGES FROM FATHER MATTHEW

WORDS FOR OUR SALVATION

To which side shall we belong? To the right, or to the left; with the sheep or with the goats; with the blessed; or with the cursed? You will say: who can know such a thing, besides the Lord, Who possesses the most truthful scales of justice? The Lord knows who among us will stand on the right side, and who will stand on the left side. He alone knows which righteous person shall stand here in his righteousness, and which one won't, which sinner returns sincerely and repents and from a goat is turned into a sheep, and which one ultimately becomes hardened in sin.

But to us is given at least to know what is our state now; who are we, sheep or goats? Our conscience, that incorruptible judge and witness of our thoughts, words, and deeds, shows us whether we are humble and gentle sheep of the rational fold, whether we are willing to share our goods with those in need, or whether we are proud, egotistical, evil, vengeful, unmerciful, who, like the goats, are filled with the stench of our impurities. This we can know about ourselves right here and now, in the continuation of our lives, and therefore we can judge on which side we might stand at the terrible judgment; that is, we might stand on the left side if we remain unrepentant, uncorrected, filled with our pride and malice, with sinful impurities in our hearts and bodies; yet we may hope that through faith, repentance, and good deeds, we might stand on the right side; the choice of which side we stand on depends on us. Time is given to each of us by the merciful Savior to come to our senses, repent, correct ourselves, stock up with an excess of oil of mercy and every virtue, in order not to be ashamed at the judgment. Let us take care to become lambs of meekness and gentleness, love and compassion, patience and long-suffering, humility and obedience, temperance and purity, and let us flee all the opposites of these virtues. The books of our conscience either justify us or condemn us. Let us hasten, through sincere repentance, to obliterate from our consciences all of our sins, voluntary and involuntary, and to write in our consciences every good deed.

OUR LIFE IN CHRIST

For several years now I have been offering various services to re-awaken in us the desire to strengthen our life in Christ. Go into any Orthodox Church and you will find the walls (and sometimes the ceilings) covered with icons of the saints. Although these are often of great beauty, they are not merely intended as decorations. They represent the unseen congregation that accompanies the living congregation in its worship. Christ, the Lord of all, presides, and the Blessed Virgin Mary, first among the saints, watches over us. We beseech our Lord for mercy, we run in prayer to His holy Mother seeking her protection, and we ask a saint for help, guidance, or healing.

A wonderful opportunity! This Wednesday, **October 21st at 10:00am** at Prophet Elias, I encourage our parish faithful to pray with me the AKATHIST to MARTYR VARUS, an INTERCESSOR FOR OUR LOVED ONES WHO HAVE FALLEN ASLEEP OUTSIDE THE ORTHODOX CHURCH. This is such a powerful and beautiful prayer service to Saint Varus, whose day of commemoration is October 19. All of us, I am sure, have lost a good friend, or even a family member, who was not a member of our Holy Orthodox Church. This is a wonderful opportunity for us to pray for them!

On Wednesday, **October 28th at 10:00am** at Holy Trinity, I will pray the AKATHIST TO THE HOLY PROTECTION OF THE MOTHER OF GOD. While this feast day (the Protection of the Mother of God) was already commemorated with a Divine Liturgy on **October 1st** – which is its proper day of commemoration – the Greek people commemorate this feast also on **October 28th**, which is known as “Oxi Day”. These days, all of us are increasingly alarmed by the suffering and calamities that are afflicting nations and peoples throughout the world. It seems that the world is stepping further and further away from God’s commandments and continues to transgress them. Let us gather for this service and pray to the Lord that He grant us repentance and correction, that by the intercession of His Holy Mother, the Theotokos, we may be vouchsafed His mercy in this life and to receive salvation in the life to come.

No tricks here! On Saturday morning, **October 31st at 10:30am** at Prophet Elias, I am offering a SPECIAL SERVICE to ARCHANGEL MICHAEL AND ALL THE HOST OF ANGELS as an ALTERNATIVE to the secular recognition of ‘Halloween’. As Orthodox Christians, may we resolve to make this day one of heightened prayer with our families, calling upon the intercession of the Bodiless Powers – the Angels – to protect us from all visible and invisible enemies, for witches and demons are real and the way to combat them is with the Name of Jesus Christ. I encourage our families to partake in this service.

Calling all mothers! I would like to establish a MOTHERS’ PRAYER FELLOWSHIP, whereby mothers would come to church once a month specifically to pray together the AKATHIST TO THE MOTHER OF GOD, NURTURER OF CHILDREN. If you are interested in organizing and/or participating in a monthly Mothers’ Prayer Fellowship Group to pray for your children, please let me know. You can email me at matthewthepriest@gmail.com or call me on my cell phone at **801-556-1139**.

All other weekday liturgies and other services can be found under the services listings in this bulletin.

TUESDAY MORNINGS WITH THE LORD

Our TUESDAY MORNING BIBLE STUDY on the Book of Revelation will continue this Tuesday, **October 20th at 10:30am** at the Little America Coffee Shop. The Revelation of Saint John constitutes the last book of the New Testament, and, therefore, of the whole of sacred Scripture. It is the only purely prophetic-apocalyptic book of the Bible. It is a book in which the person of Jesus Christ is predominant. Our Lord reigns as the Crucified and Exalted Lord of the Church, Who has abolished the power of death, that is, the devil, and has freed her members from his dominion. Our Lord is the One Who is and was and is to come Who will vanquish the satanic powers definitively in the last days. Jesus has already promised it: *and lo, I am with you always, even to the end of the age.*

We welcome you to join us on our spiritual study. Don’t be shy. We are all on this spiritual journey together to learn more deeply about the teachings of our Holy Church. May the soaring eagle of our Theology, Saint John the Theologian, help us in this task!

***Humbly in Christ,
Father Matthew***

YOUTH WEEKLY DEVOTIONAL

The Importance of Seeking Wise Counsel – Look To God

Matthew 11: 28-30

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.'

My Dear Beloved Children sometimes we make decisions we later regret because the counsel we may have listened to was ungodly. It is critical that we know how to discern what is wise, biblical advice. Here are some suggestions to help us detect whether or not guidance is scriptural.

1. Look for counsel that makes frequent reference to God, the Bible, and Jesus Christ. If you need guidance but receive advice that neglects or contradicts the principles of Scripture, the best thing to do is seek input elsewhere.
2. Think twice if there is much talk but no prayer. Even with a great exchange of ideas and human wisdom, it's essential that someone propose, "Let's ask the Lord to give us direction." A prudent advisor knows that prayer is a vital element in attaining the whole counsel of God.
3. Avoid any counselor who compromises Scripture by bending the standards God has set for His children. People will sometimes say things like, "Nobody's perfect, so a tiny bit of gossip [or gambling, or a little 'fun'] here and there won't hurt." Such rationalizing can quickly lead to suppression.
4. Beware of counsel that is quick to criticize. An advisor who readily discredits someone or something because of their visible weaknesses may be someone hiding a hurtful bias. Such people may have an agenda that is quite different from the Lord's plan and perspective.

Remember that living within each of us is the Counselor Himself – the Holy Spirit (Isa. 9:6; John 14:26), and He wants to help with all our decisions. Trust Him in everything. Look to scripture and always in prayer. May our lord be a constant inspiration to you.

In His Love and Service,

+fr. elias

UP COMING YOUTH EVENTS



Jr & Sr GOYA

Join us for an evening at the
CRAZY CORN MAZE

Thursday, **October 22**

Meet at Prophet Elias 5:30pm - 6:15 pm for Dinner

6:15 pm car pool to Crazy Corn Maze

8800 South 4000 West

We need parents to carpool – please help!

Choose your option:

Maze **\$4.50**

Haunted Trail **\$7.50**

Maze and Trail **\$9.00**

8:30pm parents pick up at **Crazy Corn Maze**

9:00pm pick up at **Prophet Elias**



Youth Fall Harvest

Sunday, **October 25th, 2015**

6:00pm - 8:30pm Prophet Elias

Youth ages 3-12 years old

Food, treats, magic show, activities

Wear your costume but nothing demonic and come

enjoy a great fun evening. Parents and Grandparents are welcome to join in on the fun.

Metropolis Basketball Tournament 2016

Registration Is Now Open. Participant Registration fees are **\$200** per completed registration from now through **October 31st**.

From **November 1st – 30th**, late registration rates are **\$250** per person.

Register at:

<http://youth.denver.goarch.org/events/2016-events/2016-basketball-event-weekend/>

JR. AND SR. GOYA WOLF CREEK FALL RETREAT **WE LIVE FOR CHRIST, HOW DO WE APPLY THIS IN OUR LIFE**

Retreat Masters Cassandra Garibaldi & Sarah Hunt

From Holy Cross in Boston

Friday and Saturday, **Nov. 6th** and **7th** near Heber, Utah

Meet at **Prophet Elias** north parking lot on Friday the November 6th at 5:00pm

Car Pool to Wolf Creek ranch leaving Prophet Elias at 6:00pm sharp

WE NEED HELP WITH TRANSPORTATION – PLEASE VOLUNTEER

Cost is **\$25** per GOYA'n

Bring a signed release form, fee, sleeping bag, mat, pillow, hiking boots warm clothing, gloves, hats, enthusiasm, fun, and Christian fellowship.

Release forms on line on the Church web site www.gocslc.org and in the Narthex of both Churches.

Pick up on Saturday, 3:00pm Wolf Creek Ranch (directions forth coming)

Questions please call or text Fr. Elias [801-556-4640](tel:801-556-4640) or email freiask@yahoo.com

Sponsored by the Metropolis of Denver

The 2015 Front Range Pan-Orthodox Fall Retreat will be held November 20-22, 2015, at Covenant Heights Retreat Center in Estes Park, Colorado. Youth, ages 11-18 years, are invited to retreat away from everyday challenges for a weekend of hiking, canoeing on the lake, spiritual growth and fellowship. The retreat master will be Fr. James Shadid.

More information and registration can be found at:

<http://youth.denver.goarch.org/events/2015-events/2015-front-range-pan-orthodox-fall-retreat>.

+fr. elias

Youth Policy on Sunday School Attendance

Participants in Dance and Basketball will need to be aware that your participation in these programs will be dependent on 75% attendance in Sunday school and will be enforced. Please make every effort to attend Sunday school and participate in the Sunday School Program growing in faith and knowledge of our Lord. There are extenuating circumstances that will at times prohibit you from attending Sunday school and you can make up the absence by meeting with Fr. Elias for a brief discussion and question and answer time. Absences need to be made up. Please call Fr. Elias to set up a time to meet. [\(801-556-4640\)](tel:801-556-4640) Teachers will be reporting on the attendance of all students.

+fr. elias

NOVEMBER IS YOUTH MINISTRY MONTH

Youth will participate in the Liturgical Services and other activities serving in our Parish at both Churches. Please support and acknowledge our Youth as they participate.

- Reading the Epistles
- Taking the Collections
- Ushering in Church
- Sponsoring the Coffee Hours
- Singing in the Choir

Short Talks before conclusion of Liturgies on Sunday

+fr. elias

IT'S HOOP TIME



Basketball Season is just around the corner. Coaches please sign up now. We need coaches for all age groups.

Girls 6th grade through 12th grade

Boys 5th grade through 12th grade

Please sign up now. Games start in December and we will play at Prophet Elias

If we get coaches signed up we can start practices middle or end of **October**. Players can sign up on UCAA Web Site starting in October. More info to follow.

Coaches please call, Text or Email Fr. Elias. freiask@yahoo.com. [801-556-4640](tel:801-556-4640)

Dates for upcoming Youth Events for our Youth and Parents to Schedule

GOYA corn maze on Thursday, **October 22nd** at 5:30pm Prophet Elias. Fliers in Sunday School Rooms

GOYA Elections/Lunch after church Sunday **November 1st**, 2015 at 1:00pm at Holy Trinity for Parents and ALL Jr. & Sr. Goyan's Fliers in Sunday School Rooms

GOYA Retreat at Wolf Creek Fri/Sat **November 6th & 7th**. Meet at Prophet Elias 5:30pm on the 6th. Fliers in Sunday School Rooms

Youth Board Meeting Sunday, December 6th 4:00pm to 6:00pm at Prophet Elias

Basketball Sign-ups for League Basketball and Metropolis Tournament now open Sign up before **October 30th**, 2015

GOYA League signs up at: <http://ucaasports.com/Metropolis> Dallas Tournament at: <http://youth.denver.goarch.org/events/2016-events/2016-basketball-event-weekend/>

Dance Parent Meeting **October 20th**, 7:00pm at Prophet Elias

HCA ANNOUNCEMENT

The Hellenic Cultural Association will be having its annual membership luncheon and Axios awards on Sunday **October 18th** at 12:30pm at Holy Trinity. This year's recipients are Louie Thiros, and Gregory Skedros. Please come and join us. No charge for members and \$25.00 for non-members.

Daughters of Minos

Meeting will be held at Holy Trinity on **October 18th** at 4:00p.m. After our short summer break, we look forward to seeing everyone! There will also be Kri Kri registration **1st through 3rd grade**.

DAUGHTERS OF PENELOPE

Regular meeting, Monday, **October 19th**, 7:00pm
Prophet Elias Church

DISTRICT 17 Fall Work Shop Saturday, **October 24th** at the Radisson Hotel SLC Airport

Register by **OCTOBER 18th**. Contact District Secretary, Megan Curtice at [801-577-6269](tel:801-577-6269) or grumpysshoes@hotmail.com with.

Workshop and lunch **\$10.00**

<h3><u>SAVE THE DATE</u></h3>

<p>Festival Appreciation/Oxi Day Luncheon Sunday, October 25th, 1:00pm Holy Trinity Memorial Building</p>
--

Arcadian Ladies October Event

Sunday, **October 25th**. Prophet Elias Church
Arcadian Ladies will be the sponsor for the COFFEE-AFTER-CHURCH GATHERING. All proceeds go to the Prophet Elias Sunday School.

Please come and greet and meet our parishioners and any guests DONORS for the TREATS are already scheduled

Please give Karen Anastasopoulos call at **801-913-2414** or email karenanast@gmail.com with any questions or if you'd like more information.



Prophet Elias Church Sunday Coffee/Fellowship Hour:

Individuals, families, groups, and clubs can now sign up to sponsor the weekly after church coffee/fellowship hour. Proceeds collected go to the Sunday School. Christie and Terry Tatum will continue to make and serve the coffee. Their help with this is very much appreciated. A sign-up sheet will be available at church or contact Cindi Keane cindixkeane63@gmail.com or Joanne Saltas at joannesaltas@gmail.com.

Thanks to those who have volunteered for the following dates:

October 18th: Christopher, Gus, Niko Katis

October 25th: Arcadian Ladies Club



Philoptochos General Membership Meeting:

Monday **October 26th**, 2015

Agenda:

7:00pm-7:30pm Administrative matters,
Initiative updates and
Project plans

7:40pm-9:00pm Guest Speaker
State Legislator Carol Spackman Moss

She will share experiences from her recent trip to Ethiopia

LOCATION: Holladay City Hall
4580 South 2300 East
Holladay, Utah

CASTO ROOM
(Downstairs-elevator access)

Coffee/Dessert



Enjoy a lovely evening of wine and chef tastings and learn how IOCC is helping families in Syria, Greece, Cameroon, and other countries around the world.

Thursday, October 22, 2015 • 5:30 - 8:00 p.m.

THE ALTA CLUB

100 E South Temple • Salt Lake City, Utah 84111

FREE VALET • SILENT AUCTION

SUGGESTED DONATION: \$85 PER PERSON
Includes wine flight and hors d'oeuvres

Purchase tickets at iocc.org/SLC

OR CONTACT

RaJean Higginson 801-865-4753 • Mary Yannias 801-671-3591 • Mary Tolokan 317-517-6518



INTERNATIONAL ORTHODOX CHRISTIAN CHARITIES



The Peace Garden Committee would like to thank those who attended the Dedication Ceremony. It was a tribute to our forefathers and the sacrifices they made to perpetuate our Greek heritage.

PARISH ASSEMBLY MEETING

Sunday, **November 8th, 2015** at 2:00pm at Holy Trinity
Your stewardship commitment must be met by this date in order to vote. Please contact the Church offices if you have any questions.



Your Parish Council Needs You!

Applications for the Parish Council are being accepted.
All parishioners in good standing are qualified to run.
Please consider offering of your time and talent to the progress of our community.

Applications can be obtained from and returned to the office at Holy Trinity.

CRETAN GENERAL ASSEMBLY

Is scheduled for Sunday, **November 15th** from **3:00 pm** to **5:00 pm** at Prophet Elias. Please join us as the final report is presented regarding the convention. Your participation to this important meeting will be greatly appreciated. See you then.



YOUNG HEART LUCHEON

HAPPY THANKSGIVING!! The Young at Heart will be having their annual Thanksgiving luncheon on Thursday **November 12th** at noon at the Hellenic Memorial Hall. We will be serving turkey, mashed potatoes & gravy, dressing, yams, dinner roll, wine and for dessert pumpkin pie, with some BINGO!! We hope to see all of you there.

The **Panahaikos Society** will be having their Annual Holiday Luncheon at the Cottonwood Club on Sunday **November 22nd** at 1:00 p.m. More details to follow.
Also we will have our Annual Thanksgiving Raffle that same Sunday immediately after church at both churches. Thank you.



The Society of Athanasios Diakos

Is heading for Wendover Nevada on Saturday **November 14th**. Leave Prophet Elias at **8:30 a.m.** leave Memorial Hall at **9:00 a.m.** Receive **\$7.00** back and a FREE Buffet. RSVP with Bill Kandas 801-272-1906 or Basil Chelemes 801-580-1338.
Only serious participants need to call.
Diakos trip to Wendover it'll be **\$17.00** a person

Save the Date
St. Sophia School Presents

A night on the Red Carpet at the Grand America Hotel
Saturday **November 14th, 2015**
Please RSVP by **November 11th, 2015**

LIGHTS! CAMERA! AUCTION!
A Night on the Red Carpet
A Benefit for Saint Sophia School
Saturday, November 14, 2015
5:30 PM



**SAINT SOPHIA
SCHOOL**

Grand America Hotel
55 South Main Street
Salt Lake City, UT

\$125 per person
RSVP by 11/01/2015

Silent & Live Auction
Cocktails • Dinner • Dancing

Boy Scout Pancake Breakfast
Troop 877 Fundraiser
November 8th 2015

ALL YOU CAN EAT!!



Time: Sunday - November 8th 2015 - Noon to 2:00 pm
Place: Prophet Elias Greek Orthodox Church (5335 E Highland Dr)
Cost: \$5.00 per person

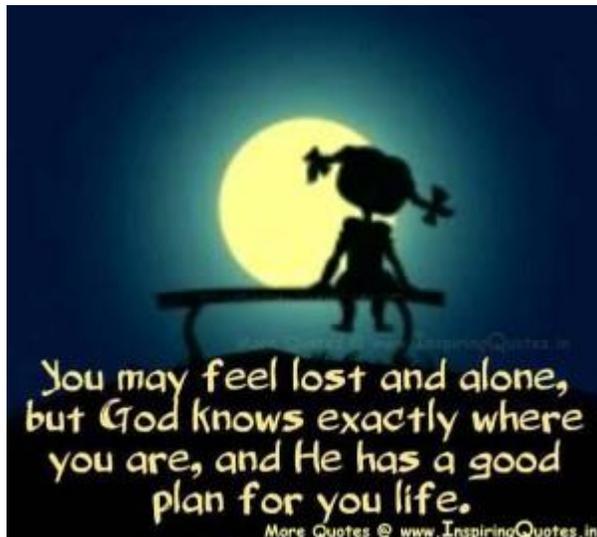
Tickets available at the Door



(Your first steps toward spiritual growth)
It is like a boat going to the ocean. Before it reaches the ocean it is dragged with much effort, but once it reaches the ocean it is propelled without effort by the wind. The distance it travels on the ocean in one day is farther than it could be dragged by the force in a hundred years

~ Avatamsaka Sutra ~

OkDay.com



BibleWise

Jesus Feeds the Five Thousand

Matthew 14:13-21

Jesus fed over five thousand people with five loaves of bread and two fish. Some words from this story are hidden in the basket. Try to find all the words listed below.



Nell de Vries and Mary Currier. More Bible Activities You Can Do. Grand Rapids, MI: Baker Books Publisher, 1999.