

## Sunday, May 4

### Epistle Reading



### Acts 6:1-7

IN THOSE DAYS, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "it is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man

full of faith and of the Holy Spirit, and Philip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

### Gospel Reading



### Mark 15:43-47; 16:1-8

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.



**Greek Orthodox Church of Greater Salt Lake**  
**www.gocslc.org; Orthodoxy3@gmail.com**

## **Sunday, May 4 2014**

Xristos Anesti / Christ is Risen

Sunday of the Myrrh Bearers



**If you need to reach clergy, you can reach them at the numbers listed below:**

**Reverend Father Michael Kouremetis 801-277-2693**  
**Reverend Father Matthew Gilbert 801-556-1139**  
**Reverend Father George Politis (retired)**  
**Assistant Reverend Father Elias Koucos 801-556-4640**  
**Reverend Dn. Anatoli Kireiev**

**Holy Trinity Cathedral 279 S 300 W SLC, UT 84101 (801) 328-9681**  
**Prophet Elias Church 5335 Highland Drive Holladay, UT 84117 (801) 277-2693**

## May 4<sup>th</sup>

Steve Pappas  
 Helen Pappas  
 Pauline Kouris  
 Michael Kouris  
 Raeola A. Katsanevas  
 Harry Royal  
 Jeanne Royal

## Memorials

20 Year  
 16 Year  
 16 Year  
 36 Year  
 20 Year  
 40 Day  
 2 Year

Holy Trinity  
 Holy Trinity  
 Holy Trinity  
 Holy Trinity  
 Holy Trinity  
 Holy Trinity  
 Holy Trinity

Steve Paulos  
 Theodore Makris  
 Jim Georgelas  
 Pete Georgelas  
 Argyro Georgelas  
 Olga Xiras  
 Mike Xiras  
 Joe Xiras  
 John Daskalakis

40 Day  
 4 Year  
 8 Year  
 49 Year  
 39 Year  
 34 Year  
 48 Year  
 2 Year  
 41 Year

Prophet Elias  
 Prophet Elias  
 Prophet Elias  
 Prophet Elias  
 Prophet Elias  
 Prophet Elias  
 Prophet Elias  
 Prophet Elias

## May 18<sup>th</sup>

Father Constantine Palassis 5 Year  
 Presbytera Panagiota 17 Year

Prophet Elias  
 Prophet Elias

(The family of Father Palassis will host the coffee hour)

## Prayer List

Rosealie, Julie, Margaret, Charissa, George, Madeline, Fred, Preston,  
 Christian, Georgette



Spring General Assembly will be on May 4<sup>th</sup> at Prophet  
 Elias Church at 2:00 pm in the small gym area.

**Holy Trinity Bible study Tuesday** in the sitting area of the Lobby of  
 Little America Hotel at 10:30 a.m.

**Prophet Elias Bible study Tuesday** in the library at Prophet Elias at  
 7:00 pm.



Transfiguration Greek Orthodox Church of Ogden is celebrating its 50<sup>th</sup> anniversary! We are looking for pictures, newspaper articles or any items you might have for our commemorative book. If you have memories

to share please contact Angie Bolos [801-479-7683](tel:801-479-7683). In addition, ads or family tributes can be placed in the album at the rate of \$100 for a full page or \$50 for a half page. Send a pdf. file or camera ready material to [troy@cutrubus.com](mailto:troy@cutrubus.com) or mail to Troy Cutrubus, P.O. Box 10172, Ogden, Utah 84409. **Deadline is May 31, 2014.** Call if you have questions or we can help with a page. Checks should be made to TGOC of Ogden. All photos will be returned. You will receive a commemorative album if an ad is placed.



**Young at Heart Luncheon on Thursday, May 8<sup>th</sup>** at noon in the Hellenic Memorial Hall. The menu will be prime rib, baked potato, vegetable, salad and some wine, and the ever popular BINGO! If you would like, bring a dessert and we look forward to seeing all of you there. XRISTOS ANESTI, CHRIST IS RISEN.



**Young at Heart Out West trip on Thursday, May 15<sup>th</sup>.** Leave Prophet Elias at 8:30 am, leave Memorial Hall at 9:00 am. Cost is \$10 (paid in advance), get back the usual \$5 cash & an all you can eat, and I mean all you can eat BUFFET. RSVP with Angelina Kontgis 801-359-0961 or Bill Kandas 801-272-1906. Come have some fun, you're not going to take it with you.

**The annual Panahaikos Birthday Luncheon** will be held on Sunday, **June 1st** at 12:30 pm at the Olive Garden at 2272 South 1300 East. We will be ordering from the menu. Please RSVP with George Miller 801-244-8587 or Bill Rekouniotis 801-673-0424 before Friday May 30th. Happy Birthday Panahaikos!! We hope to see you there.

#### **PAA NATIONAL BOARD MEETING WEEKEND IN SALT LAKE - MAY 16-18, 2014**

Join us for the Pancretan Association of America National Board Meeting weekend, hosted by Minos, Daughters of Minos, and the District 5 Officers. The Weekend will feature musicians from Crete - George Pantermakis, Hari Pantermakis & Stelio Oikonomakis.

**FRIDAY, May 16:** 6:30 pm **WELCOME NIGHT** (Infinity Event Center - 26 East 600 South) -cocktails, dinner and dancing - \$15;

**SATURDAY, May 17:** 6:00 pm **HOROESPIRITHA** (Hellenic Cultural Center) - cocktails, dinner, dancing and performances, keynote by Dr. Alex Pattakos - \$50 for adults (\$45 local presale), \$20 Youth 6-15, kids 5 and under free - reserved seating available for presale of whole tables;

**SUNDAY, May 18:** 9:30 am **DIVINE LITURGY** followed by **A MEMORIAL WREATH LAYING CEREMONY** (Holy Trinity) and **FAREWELL BRUNCH** sponsored by the Hellenic Cultural Association - presenting the Axio Award to Dr. Alex Pattakos, PhD, and the Axia Award to Elaine Dundon, PhD, creators of the OPA Way Philosophy & Institute. For tickets, reservations and more information contact George Liodakis - [801-597-6204](tel:801-597-6204) or Artemis Vamianakis Lavelle - [artemis\\_v@msn.com](mailto:artemis_v@msn.com)

#### **ATTENTION: Minos, Daughters of Minos and Minotavros members:**

The planning meeting for the 2015 Pancretan Convention is moving right along. Thank you to all who have attended and provided us with great suggestions and feedback. We will not hold a May session due to the PAA Board Meeting here in Salt Lake. We will resume again in June. Below is the current schedule. Both meetings will take place from 4:00 pm - 6:00 pm in the Prophet Elias Boardroom. Hope to see you there. **June 1st** - Axia Night, Daughters of Minos Lunch, Children Committee. **June 15th** (Father's Day) - Welcome Night, Farewell Night and Late Night.



**Daughters of Minos Mother's Day Luncheon and Fashion Show** **May 10<sup>th</sup>** at 11:00 am at Little America Hotel 500 South Main Street SLC, UT 84101. For reservations contact Kathy Paras 801-671-1964 or Xanthi Athousakis at 801-558-5430 or [xanthi@aol.com](mailto:xanthi@aol.com). Adults \$40, Children 12 & under \$17.



Check out what is new on our website. [Gocslc.org](http://Gocslc.org) The church calendar now can be accessed via the Parish News Tab. Also if you are in the directory, you can access the PDF file. The password is [gotochurch](http://gotochurch).

#### **Church Directory Update**



Send us your directory information in an email with a family picture. You can get the form on our website at [gocslc.org](http://gocslc.org) to use as a template if needed. Our email is [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com) For those who do not have internet access, you can come to the office and we will be happy to take a picture of you to add to the directory. We are also planning a printed directory for seniors this summer.

**1<sup>st</sup> Annual GOYA AT THE FOOT OF MOUNT OLYMPUS CAR SHOW.** A Youth Fundraiser to help Youth attend Camps and Retreats **Saturday, May 31, 2014** 9:00am to 3:00pm on the grounds of Prophet Elias. Cars – Trucks – Motorcycles - T-shirts – Food – Prizes – Fun Galore – Entertainment. Come out and support our youth. If you have a vehicle you would like to enter please call Hugh Coltharp at [801-557-9485](tel:801-557-9485). For questions please call Fr. Elias [801-556-4640](tel:801-556-4640).





### 2014 Greek Orthodox Sports League Basketball Camp

The GSL staff is looking forward to another exciting year for our annual Sports League Basketball Camp.

Our camp is designed to provide players with outstanding instruction, teamwork, sportsmanship and fun. We hope that you will join us this summer.

**Volunteers Needed:** GSL is looking for volunteers to help with our youth basketball camp that will be held **June 9<sup>th</sup>-12<sup>th</sup>, 2014**. Two shifts daily, 9:00am-12:00pm and 1:00pm-4:00pm. Must be 14 years of age or older. If interested, please contact Gerard Gallegos @ 801-647-2829 or 801-484-5470.

#### Camp Details:

**June 9<sup>th</sup> – 12<sup>th</sup>, 2014**

AM Session (boys and girls 3-6<sup>th</sup> grade) 9:00am-12:00pm

PM Session (boys and girls 7-10<sup>th</sup> grade) 1:00pm-4:00pm

Location: Prophet Elias Greek Orthodox Church

Cost: \$70. Registration forms are available at both churches.

Please contact Gerard Gallegos @ 801-647-2829 for more information.

**Donors are available to provide financial assistance to those in need and would like their child to attend. You may confidentially contact George Kournianos at 801-577-5599 or Gerard Gallegos at the number above.**

**Additional donors are welcome and appreciated as well.**



Q: In what language was most of the New Testament given?

Q: How many disciples did Jesus choose?

Q: Who was Jesus' human mother?

### LAMBS HOPE & JOY MOTHER'S DAY SPA



Moms and Grandmas come enjoy a soft and soothing night out at the famous Lamb Hope and Joy Spa! **Friday May 9<sup>th</sup>** 6:30 pm at Prophet Elias. Enjoy a relaxing night with our experienced spa technicians, aka your children ;) and be pampered with massages, and mini manis and pedis! Also,

enjoy some yummy snacks too! Kids please come and show your appreciation to your moms and grandmas by giving them a fun and relaxing night out at your spa! All essential items are provided. All we need is YOU! See you there! Please RSVP to Heather Saltas at 801-674-8731 or email at [hsaltas@gmail.com](mailto:hsaltas@gmail.com).



**The Hellenic Cultural Association (HCA)** is pleased to announce the 2014 Axios and Axia awards will be presented to Alex Pattakos MPA, PhD and Elaine Dundon MBA. Alex and Elaine are the co authors of "The OPA Way" and founders of "The OPA Institute" in Santa Fe, New Mexico. The OPA Way is a new paradigm for finding joy and meaning in everyday life inspired by Greek philosophy and

culture. "The OPA Way" has been featured nationally and internationally in multiple media outlets.

Alex and Elaine are world renowned TED lecturers and will be visiting our community introducing the OPA way. The HCA will host **a free brunch** following church services at Holy Trinity on **May 18**. After receiving the Axios awards, Alex and Elaine will provide an **inspiring lecture** open to the public and our church community. Please come and join us for this unique opportunity that is bound to provide joy and meaning to our lives. It is an honor to have Alex and Elaine visit our community.

## Holy Trinity Philoptochos

Χριστός Ανέστη !

Holy Trinity Philoptochos would like to thank all the ladies for their help during Holy Week. We hope all had a blessed Pascha!

There will be a Philoptochos meeting on Wednesday, May 7th at 6:30 pm at HT. We hope to see you there!

Please mark your calendars for our next meeting, June 4th, at 6:30 pm.

## Prophet Elias Philoptochos FOOD FAIR



BE GREEK WITH US  
**Saturday MAY 17, 2014**  
11:00 – 8:00 PM

Prophet Elias Greek Orthodox Church  
5335 S. Highland Drive  
Traditional Food-Pastries-Music-Dancing

### **Attention all church and para-church organizations.**

The church office is compiling an up to date and current list of all organizations and their current officers for our web-site. Please send your information to [orthodoxy3@gmail.com](mailto:orthodoxy3@gmail.com). Thank you.

## On Sunday, May 4, 2014 we celebrate:

Sunday of the Myrrh-Bearing Women

Pelagia the Nun-martyr of Tarsus

Hilary the Wonderworker

Euthemios, Bishop of Madytos

Athanasios, Bishop of Corinth

### **Sunday of the Myrrh-Bearing Women**



About the beginning of His thirty-second year, when the Lord Jesus was going throughout Galilee, preaching and working miracles, many women who had received of His beneficence left their own homeland and from then on followed after Him. They ministered unto Him out of their own possessions, even until His crucifixion and entombment; and afterwards, neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to the sepulchre, bearing the myrrh-oils they had prepared to anoint His body. It is because of the myrrh-oils, that these God-loving women brought to the tomb of Jesus that they are called the Myrrh-bearers. Of those whose names are known are the following: first of all, the most holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called "the mother of James and Joses" (these are the sons of Joseph by a previous marriage, and she was therefore their step-mother); Mary Magdalene (celebrated July 22); Mary, the wife of Clopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee, Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silence (Matt 27:55-56; 28:1-10. Mark 15:40-41. Luke 8:1-3; 23:55-24:11, 22-24. John 19:25; 20:11-18. Acts 1:14).

# Thank You

Thanks to the great support of our parishioners, A Taste of Greece has purchased the following for our community:

- 110 new choir robes
- 2 Electronic bell systems for our bell towers including an upgrade
- 2 Portable indoor/outdoor audio systems
- 850 New banquet chairs
- 30 8 foot tables
- A baker's rack
- Cooking demonstration table with a mirror
- A four burner grill and double oven
- 250 Stainless steel hotel pans for the Greek Festival
- A new gas operated tilt fryer
- Plates for 500: dinner, salad, bread and dessert
- Silverware service for 500: Forks, spoons and knives
- New water carafes
- Donation to the Hellenic Cultural Assn. for the Old Greek Town Trax Station
- Donation for the Greek Pavilion at the International Peace Garden
- New concrete pad by the playground at St. Sophia.
- New audio systems in the Sanctuary of both churches
- New utility carts

We are currently working on new railings in the courtyard at HT by the museum entrance and at the east exit of the dining room.



*Your presence is requested at the  
Jenny Pappas Skedros Memorial  
TENTH ANNUAL*



Celebrating Pentecost Sunday and Holy Trinity Cathedral Feastday  
**June 8, 2014**  
6:00 pm

Adults: \$40  
Children 12 & under: \$10  
Children under 5: Free